

PEER PRESSURE AND HEALTHY CHOICES

Objectives

- 1) Students will be able to describe at least three types of peer pressure.
- 2) Students will be able to describe at least three ways to effectively say “NO!”.
- 3) Students will learn about the many different activities that can contribute to having a healthy lifestyle.
- 4) Students will be able to describe at least three times that they have been influenced positively by their peers.
- 5) Students will be able to give at least three examples of healthy alternatives to alcohol or other drug use.
- 6) Students will recognize techniques used in advertising to get them to buy certain products.