

Name _____ Date _____ Class Period _____



Tommy's Healthy Choices: Thinking About Choices



1. Name five healthy choices that Tommy talked about.

2. Is smoking a healthy choice? _____
Why? _____

3. Is drinking alcohol a healthy choice? _____
Why? _____

4. Is using illegal drugs a healthy choice? _____
Why? _____

5. Name four healthy choices you have made in the past.

6. Name three healthy activities you would like to try in the future.

