

EFFECTS OF OTHER DRUGS

Name _____ Date _____ Class Period _____

Drugs and Athletic Performance

To be a good athlete, a person must have a number of different skills and qualities. These can include, but are not limited to the following:

Speed
Flexibility
Agility
Power

Balance
Coordination
Good reflexes
Endurance

Muscular strength
Positive attitude
Perseverance
Desire to succeed



Research the negative effects of marijuana and write a paragraph describing how the use of marijuana can hurt athletic performance.

Research the negative effects of cocaine (or other stimulants) and write a paragraph describing how the use of cocaine can hurt athletic performance.


