

## UNDERSTANDING LEARNING STYLES & DIFFERENCES

### **Learning Styles: Questions to Ask Class**

Do you do an assignment best when:

- ◆ You listen to spoken directions? (Auditory)
- ◆ You read the directions? (Visual)
- ◆ Write the directions down in a notebook or on a computer? (Kinesthetic/Tactile)

Do you remember the information from your science book best when:

- ◆ Reading text material aloud to yourself? (Auditory)
- ◆ There are graphs, charts and diagrams in the material? (Visual)
- ◆ Underlining or taking notes while reading? (Kinesthetic/Tactile)

When you are trying to figure out how to spell a word, do you:

- ◆ Spell the word aloud to yourself? (Auditory)
- ◆ Visualize the word in your mind? (Visual)
- ◆ Write the word on paper or in the air? (Kinesthetic/Tactile)

If you had to research a subject and could present it in one of the following ways, what would you pick?

- ◆ Lead a discussion group on your topic (Auditory)
- ◆ Make pictorial representations such as a poster of material to be learned (Visual)
- ◆ Make a physical model of the information you learned (Kinesthetic/Tactile)

Would you rather:

- ◆ Listen to an audio book? (Auditory)
- ◆ Read a book? (Visual)
- ◆ Act out one or more scenes from the book? (Kinesthetic/Tactile)