

Learning Styles and Multiple Intelligences Theory

Every individual will have their own unique learning style and pattern of strengths and weaknesses related to their intelligence. Knowing your personal learning style and how you are intelligent can help you understand your strengths and weaknesses. You can increase your success in school, work, and in your personal life, by capitalizing on your strengths to help compensate for your weaknesses.

Learning Styles



Auditory Learner - a person who learns best by listening



Visual Learner - a person who learns best when seeing material



Kinesthetic/Tactile Learner - a person who learns best when moving or doing something physical with the info

Multiple Intelligences Theory

This theory was developed by Howard Gardner. He believed that there were eight types of intelligences.

