

UNDERSTANDING LEARNING STYLES & DIFFERENCES

Key Points

1. Everyone has strengths and weaknesses.
2. People should be valued no matter how different they seem. All people are of value!
3. A person can be friends with anyone – even if the other person has a disability or is of another race or religion.
4. Having a disability, or being different in any way, does not mean that someone is “dumb” or less than anyone else.
5. Not everyone learns the same way. There are many different learning styles and although most students have a “best” style, they need exposure to as many learning styles as possible.
6. When students understand how they learn best, they can learn to advocate for themselves. Advocacy is not aggression or bullying. Advocating for oneself involves helping others understand how you learn or work best so that they can support you.
7. There are many different types of intelligences and learning styles. Knowing how you are smart and how you learn best can help people succeed in school, work and life.
8. Everyone can have goals for the future.
9. People who seem “different” can, and do, have successful careers and lives!