



## UNDERSTANDING LEARNING STYLES & DIFFERENCES

### Multiple Intelligence Inventory

This inventory will help you get a picture of how you are smart today. There are eight areas of intelligence in this inventory. Put a check beside the statements that sound like you, leave the others blank. Add up the number of checks in each section. Then list the 3 with the highest # of checks as your strongest areas.

<p><b>LINGUISTIC</b></p> <p><input type="checkbox"/> I enjoy telling stories and jokes.</p> <p><input type="checkbox"/> I enjoy word games (e.g. Scrabble &amp; puzzles).</p> <p><input type="checkbox"/> I read books, magazines, or stories just for fun.</p> <p><input type="checkbox"/> I like to use email or instant messenger.</p> <p><input type="checkbox"/> I am good at writing and telling stories.</p> <p><input type="checkbox"/> I am good at giving speeches or presentations.</p> <p><b>_____ Total</b></p>	<p><b>BODILY/KINESTHETIC</b></p> <p><input type="checkbox"/> I enjoy acting out skits or being in plays.</p> <p><input type="checkbox"/> I like to build and construct things.</p> <p><input type="checkbox"/> I learn sports or dance moves easily.</p> <p><input type="checkbox"/> I like to play sports.</p> <p><input type="checkbox"/> I need to move various body parts when required to sit still for long periods of time.</p> <p><input type="checkbox"/> I have to practice a new skill to learn it rather than read about it or see it in a video</p> <p><b>_____ Total</b></p>
<p><b>LOGICAL/MATHEMATICAL</b></p> <p><input type="checkbox"/> I enjoy math and/or science.</p> <p><input type="checkbox"/> I can figure out computer programs easily.</p> <p><input type="checkbox"/> I can solve math problems in my head.</p> <p><input type="checkbox"/> I like logic games like chess, checkers, brain teasers, Sudoku, or logic puzzles.</p> <p><input type="checkbox"/> I am curious about how things work.</p> <p><input type="checkbox"/> I prefer to create the charts and graphs for a group presentation.</p> <p><b>_____ Total</b></p>	<p><b>INTERPERSONAL</b></p> <p><input type="checkbox"/> I like being around other people.</p> <p><input type="checkbox"/> I am good at solving conflicts between people.</p> <p><input type="checkbox"/> I like to organize activities and events, and seem to be a natural leader.</p> <p><input type="checkbox"/> I work well with others on group projects.</p> <p><input type="checkbox"/> I empathize easily with others, friends come to me for advice about their problems.</p> <p><input type="checkbox"/> I enjoy belonging to organizations.</p> <p><b>_____ Total</b></p>
<p><b>VISUAL/SPATIAL</b></p> <p><input type="checkbox"/> I like to draw or paint pictures, or doodle.</p> <p><input type="checkbox"/> I like to take pictures or videos.</p> <p><input type="checkbox"/> I like working with computer graphics.</p> <p><input type="checkbox"/> I am good at video games, and puzzles.</p> <p><input type="checkbox"/> I enjoy all kinds of entertainment media.</p> <p><input type="checkbox"/> I enjoy daydreaming.</p> <p><b>_____ Total</b></p>	<p><b>INTRAPERSONAL</b></p> <p><input type="checkbox"/> I keep a journal or diary (written, drawn, or on tape).</p> <p><input type="checkbox"/> I would rather work independently than in a group.</p> <p><input type="checkbox"/> I like to think and reflect quietly about things.</p> <p><input type="checkbox"/> I have a good sense of self-direction.</p> <p><input type="checkbox"/> I am strong-willed, independent and don't follow the crowd.</p> <p><input type="checkbox"/> I like myself (most of the time).</p> <p><b>_____ Total</b></p>
<p><b>MUSICAL/RHYTHMIC</b></p> <p><input type="checkbox"/> I remember song melodies easily and can sing them.</p> <p><input type="checkbox"/> I play, or would like to play, a musical instrument.</p> <p><input type="checkbox"/> I tap on the tabletop or desktop while working or thinking.</p> <p><input type="checkbox"/> I can recognize and reproduce musical pitches, tones, and rhythms.</p> <p><input type="checkbox"/> I notice background music.</p> <p><input type="checkbox"/> I remember things by putting them in a rhyme.</p> <p><b>_____ Total</b></p>	<p><b>NATURALIST</b></p> <p><input type="checkbox"/> I enjoy being around and interacting with all kinds of animals.</p> <p><input type="checkbox"/> I enjoy discovering things and I am a good observer.</p> <p><input type="checkbox"/> I am good at identifying, classifying, sorting, organizing and analyzing items or information.</p> <p><input type="checkbox"/> I read books, magazines, or watch television shows or movies about nature and science.</p> <p><input type="checkbox"/> I enjoy studying environment, nature, plants, animals or other areas of science.</p> <p><input type="checkbox"/> I enjoy being outdoors.</p> <p><b>_____ Total</b></p>

**(Name)** \_\_\_\_\_ **My strongest areas are:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

Remember this is not a static picture and it can change as you learn and grow.  
 Think about how you can use the areas that are your strongest to help improve other areas.