

## EFFECTS OF TOBACCO

### ANSWER KEY

## Test Your Tobacco Knowledge: Quiz

- True** 1. Carbon monoxide is inhaled when a person smokes.
- False** 2. The tar in cigarettes causes addiction.
- True** 3. Cigarette smoking can lead to heart disease.
- False** 4. An average smoker inhales about 2 tablespoons of tar each year.
- False** 5. It is safe to smoke filtered cigarettes.
- False** 6. Chewing tobacco is safer than cigarettes.
- True** 7. Tar from cigarette smoke is a carcinogen (cancer causing substance).
- False** 8. It is easy for most people to quit smoking.
- True** 9. A woman who smokes during pregnancy can harm the fetus.
- True** 10. Formaldehyde (embalming fluid) is an ingredient found in tobacco.
- True** 11. Cigarette smoking kills more people each year than all the deaths due to AIDS, heroin, crack, cocaine, car accidents, murder, fire, and alcohol combined.
- False** 12. Smoking pipes and cigars is a great deal less dangerous than smoking cigarettes.
- False** 13. Most teenagers smoke.
- True** 14. Smoking raises the blood pressure and increases the heart rate.
- True** 15. Nicotine is highly addictive.