

# EFFECTS OF ALCOHOL

## Lesson Format

### Day One

1. Prep before class (Page 6).
2. Conduct Serving Size Demonstration following the Teacher Script provided (Pages 8-10); have students complete the *Serving Size Demonstration worksheet* (Page 35).
3. Conduct Egg Experiment following the Teacher Script provided (Pages 10-12).
4. Have students complete the *Egg Experiment Science Report* (Pages 36-37) or the *Egg Experiment Writing Response* (Page 38) activity in class. This can be accomplished individually, in pairs or in small groups.
5. For homework or in class work, assign several of the word find and/or crossword puzzle activities (pages 39, 40, 41).

### Day Two

1. Prep before class (Page 14).
2. Review homework (or in class work).
3. Present *Facts About Alcohol summary sheet* (Pages 44, 45) to the class.
4. Read the story "Tommy Types Tips About Alcohol".
  - A. Show the story as a PowerPoint presentation
  - B. If there is computer access, they can read this story on the PALS web site (<http://pals.wright.edu>).
5. Discuss Alcohol information using prompts and questions (Page 12)
6. Have students demonstrate their understanding of the facts by completing **one** of the following activities:
  - A. *Designing an Alcohol Education Poster Activity* (Page 46) -- OR --
  - B. *Creative Writing Activity* (Page 47)
7. Give students the "Test Your Alcohol Knowledge." Quiz (Page 52).
8. For homework or additional in class work, assign any other Additional Activity (Pages 54-55).