

Teacher Notes

Types of Alcohol Poster

Alcohol is generally divided into three categories: Wine, beer, and liquor (also called “hard liquor”). Beers, wines and liquors are made from natural ingredients such as malts, hops, grains, plants, vegetables and yeast; these ingredients are then added to water, and are cooked. Unique recipes are followed to create each type of alcohol. Cooking the ingredients through fermentation or distillation changes the ingredients to alcohol and carbon dioxide.

Teaching Questions:

1. Can you name some different types of alcohol?

Wine – Examples include: White Zinfandel, Chardonnay, Chablis, Merlot, etc.

Beer – Examples include: Miller (Lite), Budweiser (Light), Coors (Light), Busch (Light), Samuel Adams, Heineken, Corona, etc.

Liquor – Examples include: Rum, Vodka, Gin, Tequila, Brandy, Scotch, Whiskey, Schnapps, etc.

All of these contain alcohol and can cause problems if used in excess by adults or if used at all by children and teens.

2. Which type of alcohol is safer to drink?

This is actually a “trick question”. None of these types of alcohol is safer. Alcohol is alcohol-no matter what type. They all have the potential to be dangerous.

3. At what age are you legally allowed to drink alcohol in the United States?

The legal drinking age is 21 in all of the states.