

EFFECTS OF ALCOHOL

Teacher Script Day #2

Prep before class:

→ Make enough copies of the following items to hand out to all the students:

1. *Facts about Alcohol* (Pages 44, 45)
2. *Designing an Alcohol Education Poster Activity* (Page 46)
3. *Creative Writing Activity* (Page 47)
4. *Alcohol Quiz* (Page 52)
5. *Braille Secret Message -- Alcohol Lesson* (Page 57)
6. *Braille Alphabet* from (Page 56)

→ Writing prompts - - Have the *Accident Scene Poster* (Pages 48, 49) and the *Risk-taking Behavior Poster* (Pages 50, 51) or similar picture of your choice, available as a prompt for the Creative Writing Activity.

→ Prepare to show *Tommy Types Tips on Alcohol* story, available in two formats:

1. Power Point presentation
2. PALS website (<http://pals.wright.edu>).

→ Drawing materials

1. Crayons, colored pencils, markers
2. Poster-sized drawing paper

Lesson Day #2

Collect yesterday's homework.

1. Ask students if they have any questions.
2. Discuss any problems.

Background information about alcohol - Read *Facts About Alcohol* summary sheet (Pages 44, 45) and/or show the *Tommy Types Tips on Alcohol* Power Point story

1. Ask a student to pass out selected information.
2. Have students take turns reading out loud.
3. Discuss the following points with the class:

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- A. Ask students to describe unpleasant results that can occur with alcohol use.
 - B. Ask students to describe some of the negative effects alcohol has on our families, friends, and society in general.
 - C. Discuss the Prevalence of Lifetime Alcohol Dependence graph and its implications for youth.
4. Read the *Tommy Types Tips on Alcohol* story, using one of the two alternatives:
- A. Show the story as a PowerPoint presentation
- OR**
- B. Read the story on the PALS website (<http://pals.wright.edu>)
5. Discussion - Review the following facts about alcohol:
- A. Alcohol is a drug.
 - B. Alcohol slows down our heart rate and breathing.
 - C. Alcohol makes it difficult to think clearly and act responsibly. (Show poster of youth playing near the swimming hole).
 - D. A lot of alcohol, taken in all at once, can cause death.
 - E. Alcohol can damage many parts of the body.
 - F. Anyone can be at risk to become an alcoholic.
 - G. Drinking and driving can cause serious accidents. (Show poster depicting a car accident).
 - H. Alcohol is the most commonly used drug in this country.
 - I. Drinking alcohol and taking medication(s) at the same time (even over-the-counter medications, i.e., Tylenol) can be very dangerous.
 - J. It is important for you to understand your own individual risks for alcohol problems.

Hands-on Activity - Have the students demonstrate their understanding of the alcohol facts by completing one of the following activities.

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Present both as options, student will choose to do either option 1. OR option 2.

1. *Alcohol Education Poster Activity*

- A. Students are to create a public service announcement-type poster that summarizes the dangers associated with excessive alcohol consumption.
- B. Have students start this activity by using the *Designing an Alcohol Education Poster Activity worksheet* (Page 46).
- C. Students should be encouraged to make use of any or all of the following materials: *Tommy Types Tips on Alcohol* story, *Facts about Alcohol sheet*, *Egg Experiment*, *Serving Size Demonstration*.
- D. Students can work alone, in pairs, or in small groups.

2. *Creative Writing Activity*

- A. Students are to select either the *Accident Scene Poster* (Pages 48, 49), the *Risk-taking Behavior Poster* (Pages 50, 51) - - or another similar picture - - and then write a short story describing the events occurring in the poster and how alcohol was involved.
- B. Have students start their stories by making a list of facts they might include in their story on the *Creative Writing Activity* worksheet (Page 47).

Quiz - Give students the “*Test Your Alcohol Knowledge*” quiz (Page 52)

Homework - - For homework or additional in class work, assign your choice:

- A. *Braille Secret Message -- Alcohol Lesson* (Page 57)
- B. Other Additional Activities (Pages 54, 55)